

# POWERFLEX®

## PART NUMBER

# PFR5-523

## DESCRIPTION

## REAR SUBFRAME REAR MOUNTING INSERT

## INSTALLATION GUIDE

### Contents (parts per pack):

2 x Polyurethane A Insert

2 x Polyurethane B Insert

*Please read the complete fitting instructions and check package components before fitment. These fitting instructions are to be used as a guide and in conjunction with workshop manual.*

*It is recommended that:*

- all work to be carried out by a licensed technician;*
- all safety precautions adhered to;*
- wheel alignment to be checked and adjusted as required after any suspension work.*
- All fasteners must be tensioned to manufacturer's torque settings.*



### Fitting Instructions:

1. Support the rear subframe using a jack or transmission stand.
2. Remove the subframe rear mounting bolts and cupped washer and loosen the front mounting bolts enough to allow the rear of the subframe to be lowered.
3. Clean away any moulding flashing from inside the OE rubber bush using a knife or screwdriver.
4. Apply some washing up liquid/dish soap to the legs of the Powerflex insert and voiding of the rubber to aid fitment.
5. The smaller A-Bush Insert fits in from the top, and the larger B-Bush Insert fits in from the bottom. Orientate the insert so the legs and cut outs line up with the voids and push the inserts in.
6. Refit the original cupped washer and bolts.
7. Tension all hardware to manufacturers recommended torque settings.

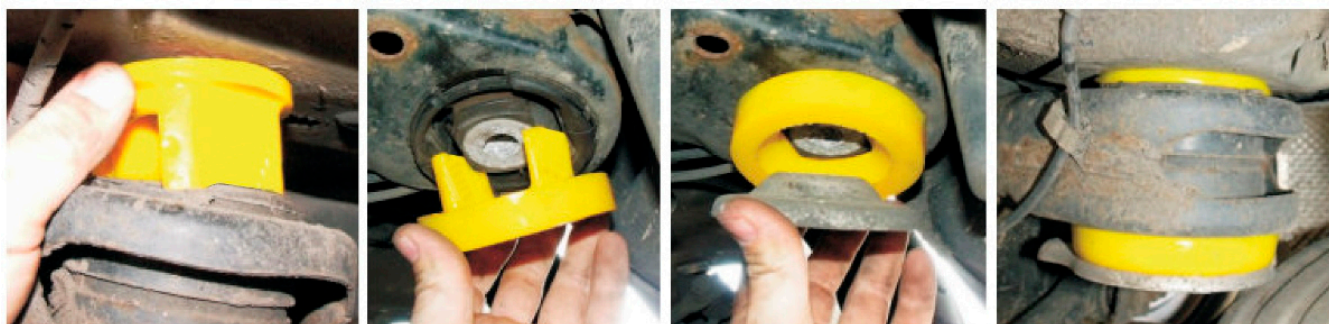


Figure 1